



West Coast Pediatric Palliative Care Summit Virtual Event - Part 1 February 2, 2021

MC for the Event

Salina Patel, RN, BSN
George Mark Children's House
Director of Nursing and Compliance

7:45 a.m. – 8:00 a.m. PST

“Preshow”

8:00 a.m. – 8:10 a.m. PST

Welcome and Opening Remarks

Joan Fisher, MD, PhD
Stanford University School of Medicine

Reminders/Housekeeping (includes Evaluations and CME/CEU Information)

Salina Patel, RN, BSN
George Mark Children's House
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8:10 a.m. - 9:10 a.m. PST

“Hoping Against Hope: Supporting Hope in Advancing Illness”

Justin N. Baker, MD
Chief, Division of Quality of Life and Palliative Care
St. Jude

Parents of children with serious illness often maintain hope across a child's illness journey. Historically, the conflict between parental hope and prognostic acceptance has been described as a pendulum oscillating between antithetical states of awareness. In this session, bereaved parents' perspectives will be shared to discuss and challenge the conventional theory in which hope and realism exist as diametrically opposing spaces within which parents vacillate. The main goal of this session will be to better partner with patients and families who carry coexisting hope (that may sound unrealistic) and prognostic awareness in the context of a child's progressive illness.

9:15 a.m. - 10:15 a.m. PST

“A Vision of Hope for Meeting Moral Adversity and Cultivating Moral Resilience”

Cynda Rushton, PhD, RN, FAAN

Anne and George L. Bunting Professor of Clinical Studies

Berman Institute of Bioethics/School of Nursing

Professor of Nursing and Pediatrics

Johns Hopkins University

Moral adversity pervades every aspect of health care, particularly during the pandemic. Clinicians, other healthcare workers, patients and their families have confronted complex ethical questions that have left a significant moral residue. Moral resilience, the ability to preserve or restore integrity in response to adversity, offers a vision of hope and a pathway for healing. The elements of moral resilience and practical strategies to deepen our inherent resilient potential and restore our wholeness will be offered.

10:15 a.m. - 10:30 a.m. PST

Break

10:30 a.m. - 11:30 a.m. PST

“Reimagining Parenthood Now and in the Future”

Amie Lands

Parent, Teacher and Author

Learning your child will die devastatingly changes the role of parenting. Immediately, parents are asked to make decisions that they would never imagine and instantly, their parenting has forever been altered. How does one hold onto hope during such tragic times and sustain that hope for the future? In this session, participants will hear how to reimagine parenting during the time awaiting death, shortly thereafter, and in the many months and years to come.

11:35 a.m. - 12:35 p.m. PST

“Promoting Resilience in Patients with Serious Illness and their Families”

Abby R. Rosenberg, MD, MS, MA

Associate Professor, Pediatric Hematology/Oncology

Director Palliative Care and Resilience Research

University of Washington

Perhaps more than ever, the past year has demonstrated how important resilience is to our well-being. It has also raised the questions of what resilience actually *is* and how we can promote it. In this talk, Dr. Rosenberg shares over a decade of studying, defining, and promoting resilience in children with serious illness and their families. She will close with simple tips for clinicians to bolster resilience in their patients and within themselves.

12:35 p.m. – 12:40 p.m. PST

Closing Remarks

Kathy Hull, MA, PsyD

Founder, George Mark Children’s House